

Case Study Part 1 Reflection

I wanted to include this case study into my portfolio because this was my first ever case study I would have completed in this program. I have done a few mock case studies in my undergrad, but this assignment had a learning curve because it was all so new to me, but we split it up into two sections. The biggest challenge here was the being able to digest all the information and use it in an evidenced based way. I knew we had a lot more case studies to complete throughout this program either online or in my SEL's, so I wanted to get the most of this project. I was not only able to use this for the coursework, but I was also able to use this experience to my advantage in my SEL's and in some of my most recent interviews. Being able to help clients and patients is a skill that we can't obtain from one case study, and I understood this, so I ensure that build off each and every case study, which is why this one was so important because it was my foundation. Overall, I will always remember this case study because it was my very first one, and I think this experience helped me throughout the entire program.