

Clinical Nutrition Reflection

I think looking back, I wish I went more in depth with some of these modules, and while I learned a lot from them, I was not expecting to be information dumped at my SEL site. However, I think without these modules, I would not have been nearly as prepared for the site as I was. There is a difference however in taking the information you learn and actually using it. There is an endless amount of information I encountered at my SEL site, and I think this was the most challenging part. However, I can't choose my favorite module because they were all so useful for not only my SEL but for my future career as well. I have used this information almost every day and I don't think this aspect will ever stop. Overall, I am grateful that we had to complete these modules and if I had to go back and do it again, I would have taken more in depth notes. So, for those who may be reading this and about to do a SEL rotation or anything in healthcare, being over prepared is not a bad thing, and looking forward it was a valuable lesson.