

Culturally Competency Report Reflection

I chose this report I completed because it would end up being one of many that I would have completed. However, this project was done in a report style while the others are more around culture and food. Something I learned from this project is that be culturally competent is crucial when working with clients or patients. At this point of the program, I did not start or complete any of my SEL hours yet, but I knew it was still important. Looking back, I am glad I did this report, but I wish I would have dove further into other cultures before I started my SEL hours. The most challenging part of this report was not finding information; it was findings and using relevant information. As we all know, we live in a time where access to information is not an issue, rather being able to research and critically think about that research is the most crucial part. Since this project, as you will see, I have done plenty of modules on a variety of cultures and communities but this helped build the structure that I am still building off of today.