

Weight loss Medications Reflection

I am very glad we completed this module and I learned so much from it. However, just like AI, looking back from more than a year ago, these medications have grown exponentially in tech and use. We did this module about 1 year ago, and just from what we learned, there has been so much research that has come out and I am excited to learn about these a year from now even. I really enjoyed looking back at my thoughts and ideas regarding GLP-1s, because I have learned so much more from this program and outside research that I have done to form my thinking of today. The most exciting part for me is the forever learning aspect and looking back these documents as you might as well with your own, and understanding how you have grown as a person and a researcher. Overall, this module was great and I learned so much, but something that I think I will gain most from this is my ability to look back and critically evaluate my own thoughts and ideas.